



## Grapes, Walnuts & Chicken

1 cup seedless red or green grapes or both, halved  
1 rotisserie chicken or 2 poached chicken breasts  
1/4 cup mayonnaise & 1/4 cup sour cream  
or 1/3 cup plain Greek yogurt (for a lighter option)  
3 tablespoons finely chopped chives  
Coarse salt and ground pepper  
1/2 cup walnuts (slightly mashed)  
2 ounces blue cheese, crumbled  
1 garlic clove, minced

### Directions:

1. In a medium bowl, mash together Mayonnaise, sour cream (or just yogurt) and cheese with a fork. Stir in chives and garlic, season with salt and pepper. Combine the chicken, walnuts and grapes in a bowl and toss with dressing. Adjust seasoning.

This recipe can be used as a spread to enjoy with crackers, tossed with salad greens for a well balanced salad or even between bread for a modern day twist on the classic chicken salad sandwich. Add cubed Granny smith Apples for extra flavor.